

Post Office Box 425  
Tampa, Florida

*Lescomy*

*(Antimony)*



MRS RILLA BINKS  
8766 LOOKOUT MT. RD.  
HOLLYWOOD CALIF.



Beloved Neophyte:

Reincarnation is the subject I now take up, and it is one that has caused probably more Mental upsets on the part of Neophytes than almost any other one Truth. It seems if the Race-thought on this subject, created by the various Churches, Schools, and Early Writers, has become so strong that it is hard to break away; the moment the subject is discussed it also opens way for a veritable flood of questions.

Reincarnation, briefly, is the Teaching that each Soul goes thru many lives on this Earth-Plane, each so adapted to its needs that each affords new lessons, and new opportunities for Growth and Development. In the periods of several years between Incarnations, the Soul is on the Cosmic Plane. Less developed Souls spend this period in a Dream State, others as they progress, spend more and more time in conscious Work and Growth. As the end of its cycle approaches, the Soul is drawn again to earth, entering the body of a new born child with the first breath the infant takes. The time and place are such as yet afford this Soul the lessons it needs to learn in its Progress back to the First Cause from whence it came. There is no logical reason that can be offered, considering the Universe as ruled by Law and Order, by a God of Love, which will explain the inequalities in the lives we see all around us. Some have Health, Wealth, Happiness thrust upon them, others thru no fault of their own, apparently, have suffering and sorrow, misery, poverty, and disease as their lot. Again there is the apparent futility of Life with its lessons, if, just as we have learned something of them, we die and pass on to a place called Heaven, where the things we have learned are of no further use to us. I am giving you, briefly, short sketches of the various ideas presented, and I want you to ponder long and earnestly over the subject until you work it out in your own Mind, with the aid of the help that will come to you as you sit in your Sanctum and meditate upon it.

However, it is a logical explanation of earthly conditions and the inequalities we find, if we know that each Soul has lived many lives on this Plane; that it has failed to learn many lessons it should have learned, tho it has learned some; that the Eternal Law of Compensation demands Justice; that the Soul which expresses cruelty is brought again and again into conditions which will, thru its own suffering, teach it the lesson of Love and Kindness. And so, like little children, when the day is done at school, we go home and come again in the morning -- some to take up the new lessons, and some who have failed yesterday find a new chance is given them to review the old work, and finally they, too, pass on to other work. Humanity learned in the past thru Misery and Suffering brought upon them by their infraction of the Law; now some are learning by the Experience of others, thus avoiding much of the Penalty they would bring upon themselves. As the Souls in the Cosmic feel the first Influx of Negative Matter and sink slowly earthward for another experience on this Plane, it is a kindly Law that drugs the Senses, so they lose memory of that Cosmic World they are leaving for a time, and are thus free and unhindered to take up the lessons before the

Therefore, you, beloved Neophyte, are dual, you are Body and Soul, and this old, old Soul within you has its Psychic Body which you are starting to loose a little from its fetters of Matter. This Psychic Body is the covering of the Real You, the Soul, or the Divine Spark, and is the misty form around it. This Psychic Body carries with it as part of the Soul's attributes, the Memory. This Memory is the complete record of all you have experienced since the Dawn of Time, everything, no matter how slight, is recorded there, all you need is the proper key



and proper index to find whatever you wish. Part of your work later on will be the bringing from this wonderful Memory House, pictures and scenes from former lives in which you, of course, played the important part. It is fascinating and wonderfully instructive.

Another attribute of the Soul in this Psychic Body of which you have been learning so much is the Personality. I wish you to be sure to differentiate between Personality and Individuality. Often they are taken as being almost alike, again with different meanings. But this is the meaning you are to attach to them in this work. Personality is the Character of the Inner Self, the Real You, which is the sum total of all the accumulated things you have experienced and learned thru all the many Lives since you first started upon your journey. On the other hand, Individuality is the Outer Self, the result of Environment, Study, Association, in this one Life; it is merely the outer coat you have put on here, and which later will be laid aside.

You will realize the difference from a moment's thought. You have seen some very coarse, illiterate person and have been surprised to find within him a fine, spiritual quality, unexplainable in such surroundings from any other standpoint than that of Personality and Individuality. Again, in some family, a child prodigy will come forward, a trained Musician, and tracing back that family on both sides you eliminate Heredity for there have been none who were Musical, yet that child of perhaps six without training and without inheritance, is a finished Musician. What other explanation than that the previous Incarnation was spent in the study and practice of Music can you find? Looked at from the viewpoint that while the child's Individuality is but six years old, yet his Personality is old in Experience, the problem and wonder vanishes. It is logical -- the only explanation possible.

So, we are about to work with this Psychic Self within your body, loosening it from the fetters that bind it so closely, opening its Memory Storehouse with all its vast store of knowledge and experience, and preparing to have the Soul assume command of this new Individuality and assert its rightful Authority. The more you study and learn, the more you meditate and practice and perform the Experiments given you, just that much more closely do you attune your Objective Self with this hidden Power Within.

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Tonight, for the remainder of the evening's Convocation, I want you to place a mirror before your easy chair, supporting it on a table or perhaps the one on the dressing table will do. Have it so placed, and at such a height that while you sit comfortably, without effort, in your easy chair, your head and shoulders will be reflected to you from the mirror, about five or six feet in front of you. Have, also, an ordinary candle with a small dish to set it in. Place the candle on the dish and set it in front of the mirror, about six or eight inches away, and to one side, so that the flame is not reflected in the mirror. Have it on the right side as you look towards the mirror, so that it does not interfere with the reflection of your face.

Having prepared your Sanctum as I have just stated, turn out all the lights and draw the shades so the room is dark; light the candle, and seat yourself in your chair. After a few moments of rest and relaxation, speak the following, forcefully but softly, looking at your image in the mirror:

"Reveal, Reveal Thyself to me, O Cosmic Soul, here and now!"  
And then, still looking at your image in the mirror say, "Aum,"



softly (pronounce the "au" as the "ow" in "how"--drawing it out quite long, then the "m" as the "m" in "murmur," drawing it out also) repeat the sound three times, still looking at your image in the mirror. Now sit quietly for five minutes and watch the figure in the mirror--do not stare, partly close the eyes and relax, watching the image without effort. Note if you see a haze from the aura, note the startling change as the soul responds and shows you the self you have built up thru the ages, the likenesses in previous lives, etc.

You may repeat this experiment once or twice thru the week.

When you do experiments of this kind it is necessary for you to be very sure that you understand the instructions, as it is impossible for me to reiterate and repeat as I would if I were sitting talking to you. For instance I say, your easy chair, now you are apt to read that over hurriedly perhaps, and attach much significance to the word easy, yet in experiments of the kind and those that will be given you, it is very essential that your position in the chair be very easy and comfortable, --a rocking chair, or a chair with a back, which will let you recline just a little will help you greatly in attaining a borderline condition, a subject condition, just as if you were almost falling asleep. Whereas, if you were sitting in a straight back chair that is very uncomfortable, or not the right height from the floor it is impossible for you to relax your body and to let go as you could otherwise, and this will mitigate against the success of the experiment. Now another thing in this experiment is the fact that you will have to try possibly several different positions for the chair. Do not get too close to the mirror, nor too far away, with a little experimenting you can determine the correct position. Then, too, the candle has to be placed far enough to one side so that the light is not in your eyes, and not in the mirror, and you may have to experiment a little with this.

Then you must understand also that it is the Subjective Mind which you are trying to allow to speak to your consciousness. This it can only do if your Objective Mind is dormant. If you see something in the mirror and begin to reason about it, or analyze what it is you are calling the Objective Mind into action, and as it swings into action, it breaks the connection you have had with the Subjective. Again possibly, your Objective Mind is running rampant with thoughts, wondering whether it is going to work, and what is going to happen, etc. You still this mind, and not allow it to do this, just casually watch in a detached disinterested sort of way, without thinking anything at all objectively.

You must remember that in your work as an Occultist, you will use the trained mind as an instrument of your research, and you must accept the fact that the phenomena you are considering belong to another order of manifestations, and with which natural science is not equipped to deal. Just as the scales and measuring rod are useless in dealing with electricity and measuring instruments have to be invented which will express electricity in its own terms, so in dealing with the phenomena of the Subjective World, the Invisible Plane, the ordinary resources of the laboratory are useless, and you have to devise a means testing these forms on their own planes, so the reactions of consciousness are used in measuring the phenomena of the Inner Plane.

In the Bonds of the Eternal Brotherhood,

Sri Dayananda,  
S.C.